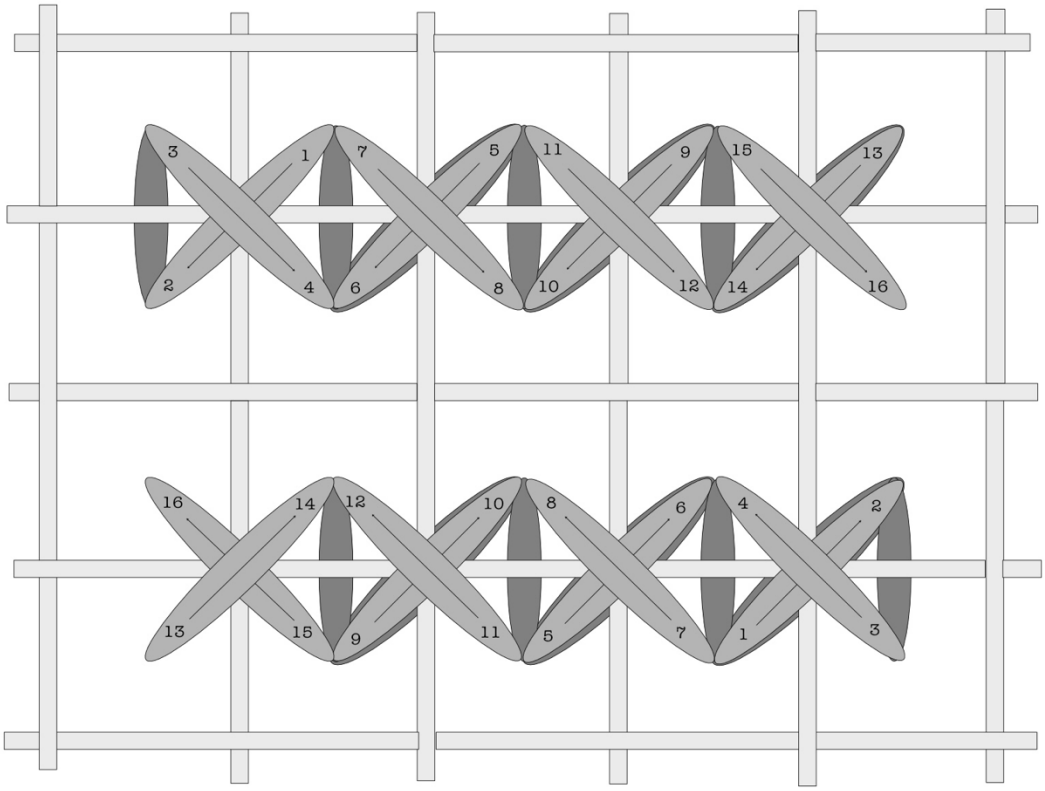
Needle In A Haystack

Purveyor of fine needlework supplies

Working over-one on linen and Aida



cross stitch over-one

On linen or other plain weave fabrics, you will stitch over a single thread intersection. The direction you travel on the back can help keep the stitching thread from sliding under the fabric thread. Stitch with a bit looser tension so that you don't pull the thread under.

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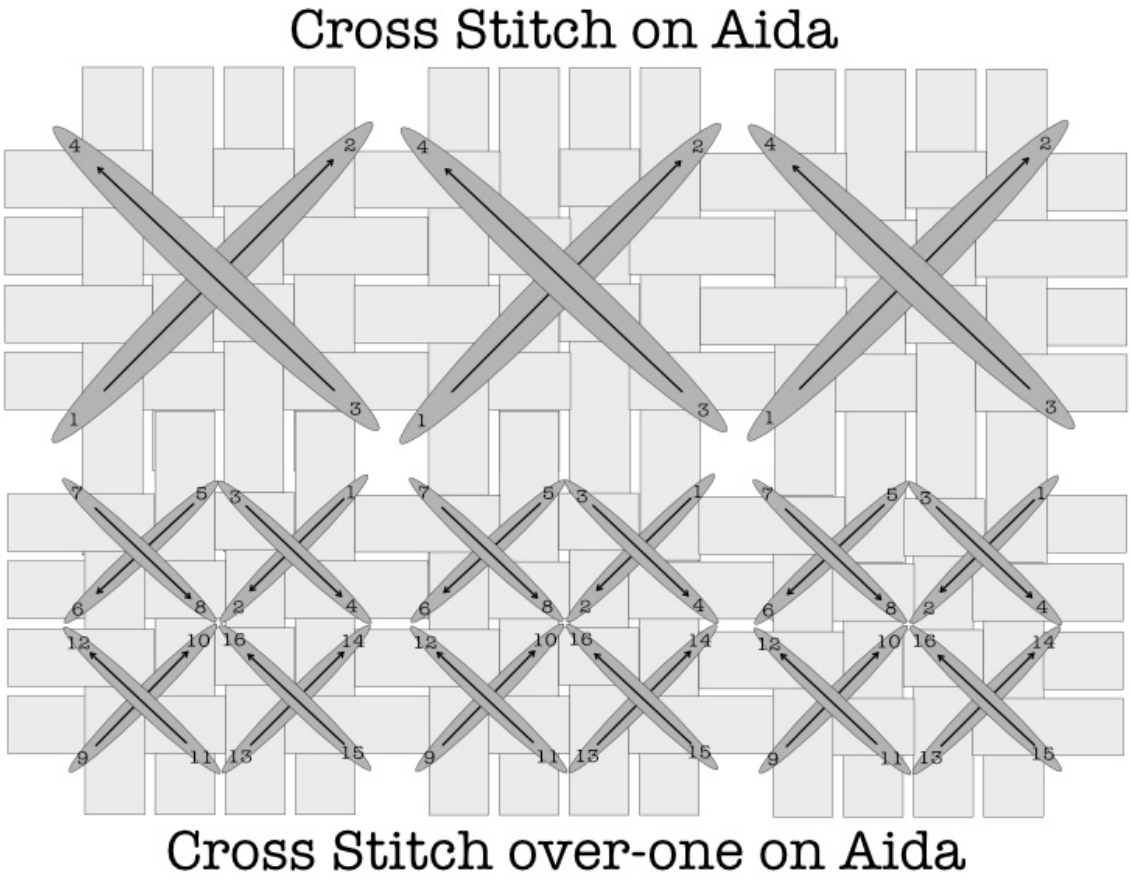

Aida is made up of blocks of woven ground fabric so is trickier to do over-one work. You will need to pierce the thread block in the center and along the middle of the sides of each block. It is usually easier to go down into the center than to come up from behind.

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